

CHANGE OF MIND

COMPUTATIONAL APPROACHES TO (MAL)ADAPTIVE CHANGES IN BELIEFS

Chris Mathys

BrainModes 2025

Toronto, 10 October 2025



INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY



THE CLINICAL-COMPUTATIONAL CHALLENGE

- **Psychotic experiences** are thought to emerge from various **interrelated patterns of disrupted belief updating**
- Patterns can be for example
 - Overestimating the **reliability of sensory information**
 - Misjudging **task volatility**
 - **Misclassifying** the cause of an observation
- While these kinds of aberrant inference form computational **substrates of psychotic experiences**, they are hard to conceptualize in a single computational framework
- However, they share the characteristic that they all relate to the **adaptation of beliefs, i.e. probabilistic predictions guiding action**



MODELS OF PRECISION-GUIDED BELIEF UPDATES

- In what follows, I will show an example of **generalized hierarchical Gaussian filtering**, a tool and framework that enables arbitrarily large networks of nodes coupled not only via their variance but also their means
- This is a solution in the **continuous realm** (**where** is something?)
- Different tools are needed in the **categorical realm** (**what** is something?)
- These realms are conceptually related by the role played by **precision** in **guiding belief updates**
- Models of categorical inference are crucial for the understanding of **delusions**. I will finish by showing some first steps in that direction



MORE ON WHERE AND WHAT

- As the world around us changes continually, we need to **adapt our beliefs** to keep up with environmental changes.
- This has both a '**where**' and a '**what**' aspect.
- On the '**where**' side, we need to track **how things move in space**, be that movements in a concrete space (e.g., an object in our field of vision) or in an abstract one (e.g., the probability of a certain event).
- On the '**what**' side, we need to update beliefs about **categories**
- E.g., categories **of events that have the same explanation** or cause.
- This is especially relevant in the computational modelling of **delusions**, where **events are attributed to causes in a maladaptive way**.



THE WHERE PATH: AN EXAMPLE (MIKUS ET AL., 2025)

- **Computational phenotyping:** estimating individual parameters which provide a trait-like characterization of underlying computational patterns and have the potential to guide psychiatric treatment
- We introduce a **novel hierarchical Bayesian model** that describes how individuals simultaneously update their beliefs about the task volatility and noise in observation
- We apply this model to data from a modified **predictive inference task** in a **test-retest study** with healthy volunteers (N=45, 4 sessions)
- We examine the relationship between model parameters and schizotypal traits
 - in a **larger online sample** (N = 437) and
 - in a cohort of **patients with schizophrenia** (N = 100).



Computational Phenotyping of Aberrant Belief Updating in Individuals With Schizotypal Traits and Schizophrenia

Nace Mikus, Claus Lamm, and Christoph Mathys

<https://doi.org/10.1016/j.biopsych.2024.08.021>

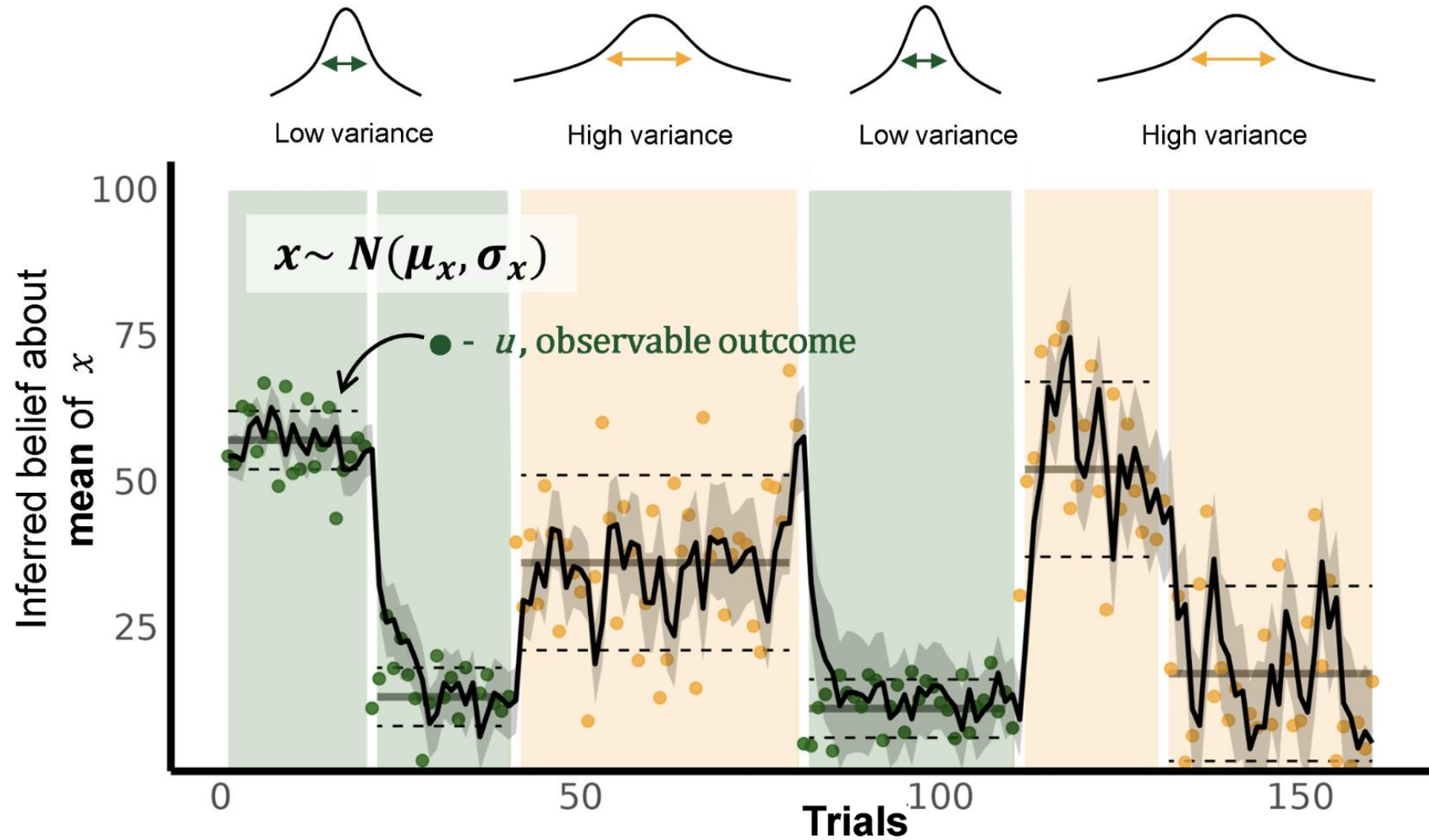


Nace Mikuš



Claus Lamm
(U Vienna)

THE TASK



THE COMPUTATIONAL PROBLEM

Is it A or B?

- A. My prediction errors are noise. Adjusting my predictions wouldn't help to reduce future prediction errors – and might even make them worse.

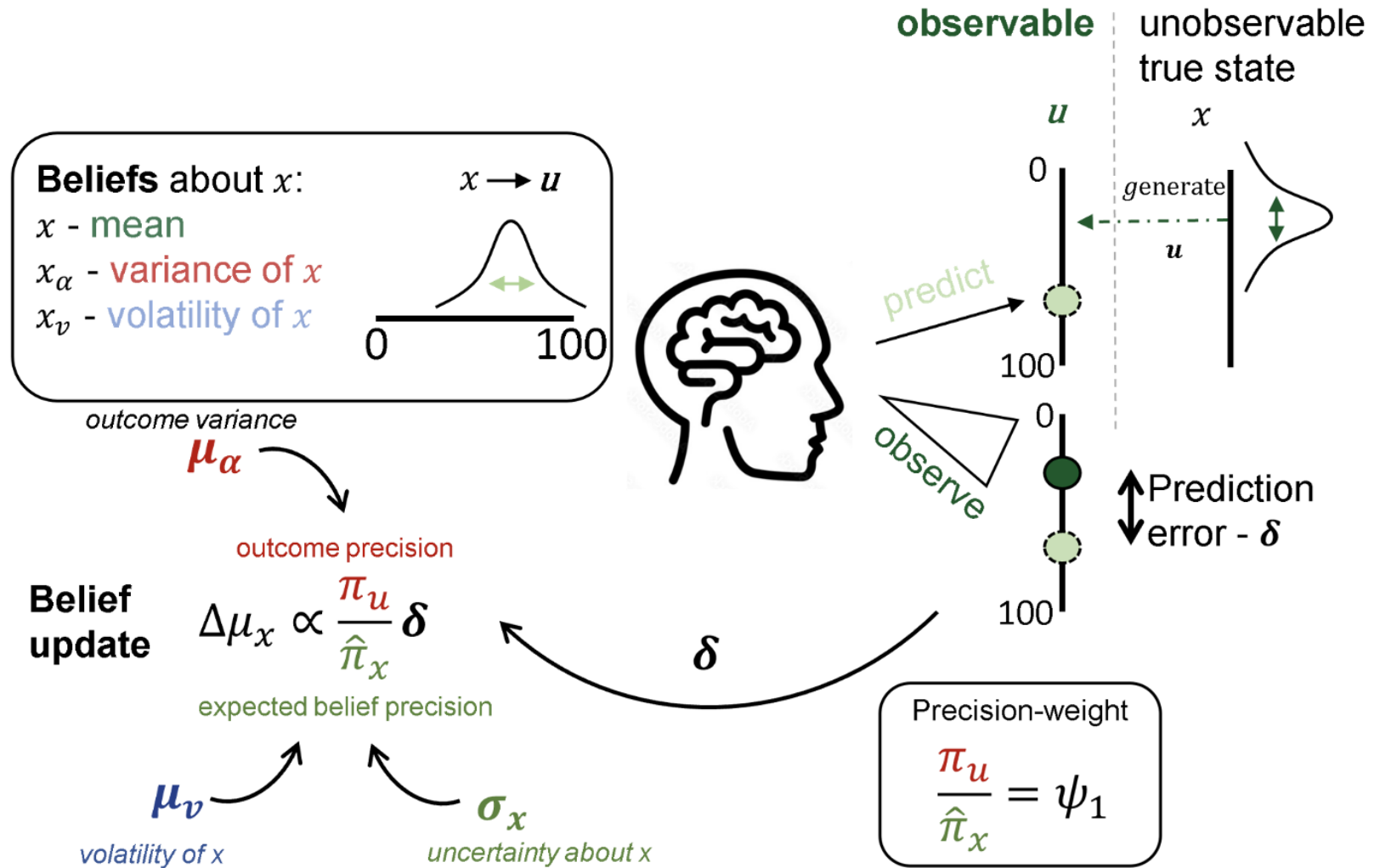
- B. My prediction errors reflect a change in my environment. Adjusting my predictions will help to reduce future prediction errors.

Or a combination of both?

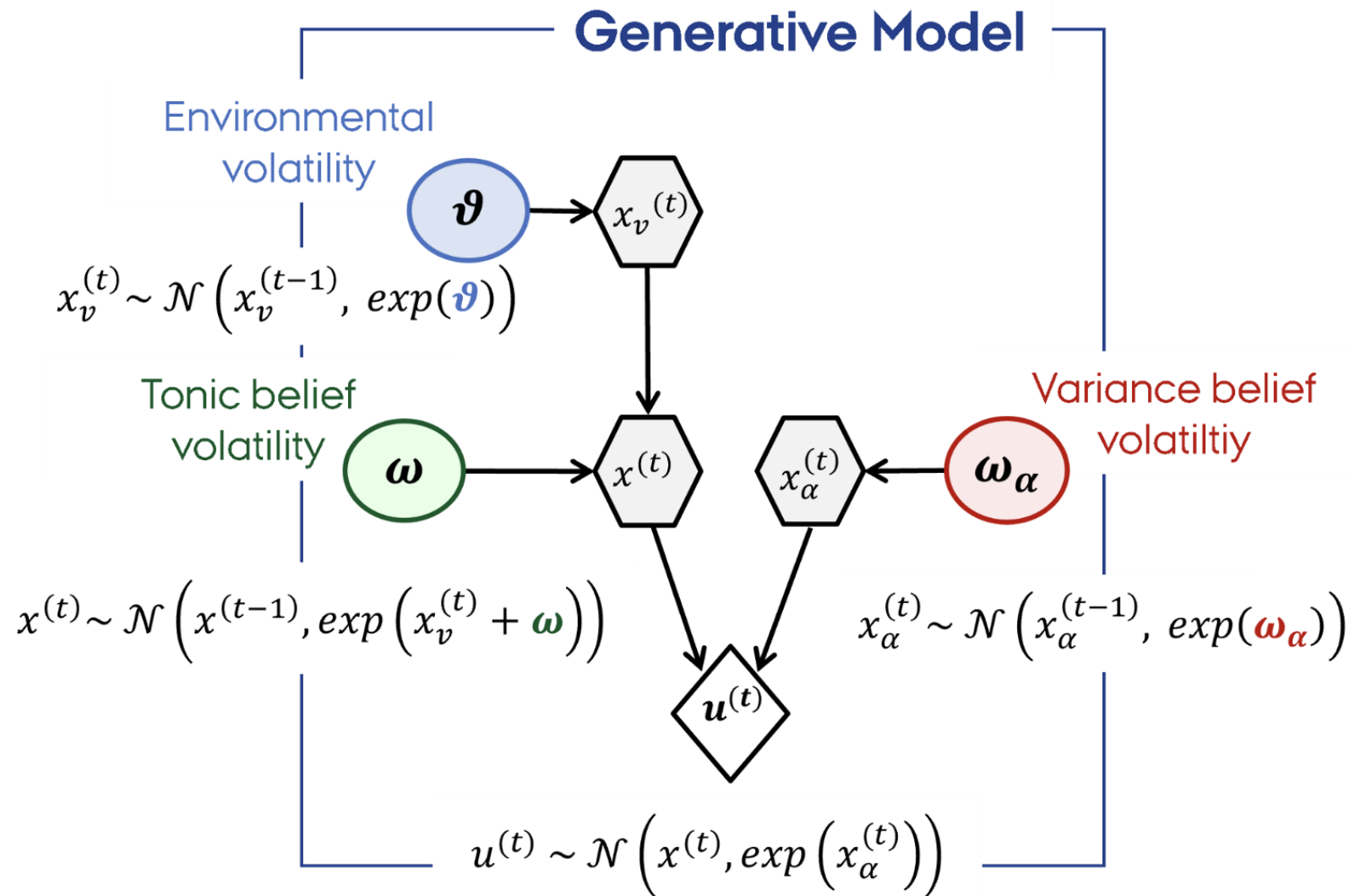
And if that, how much of A and B is there?



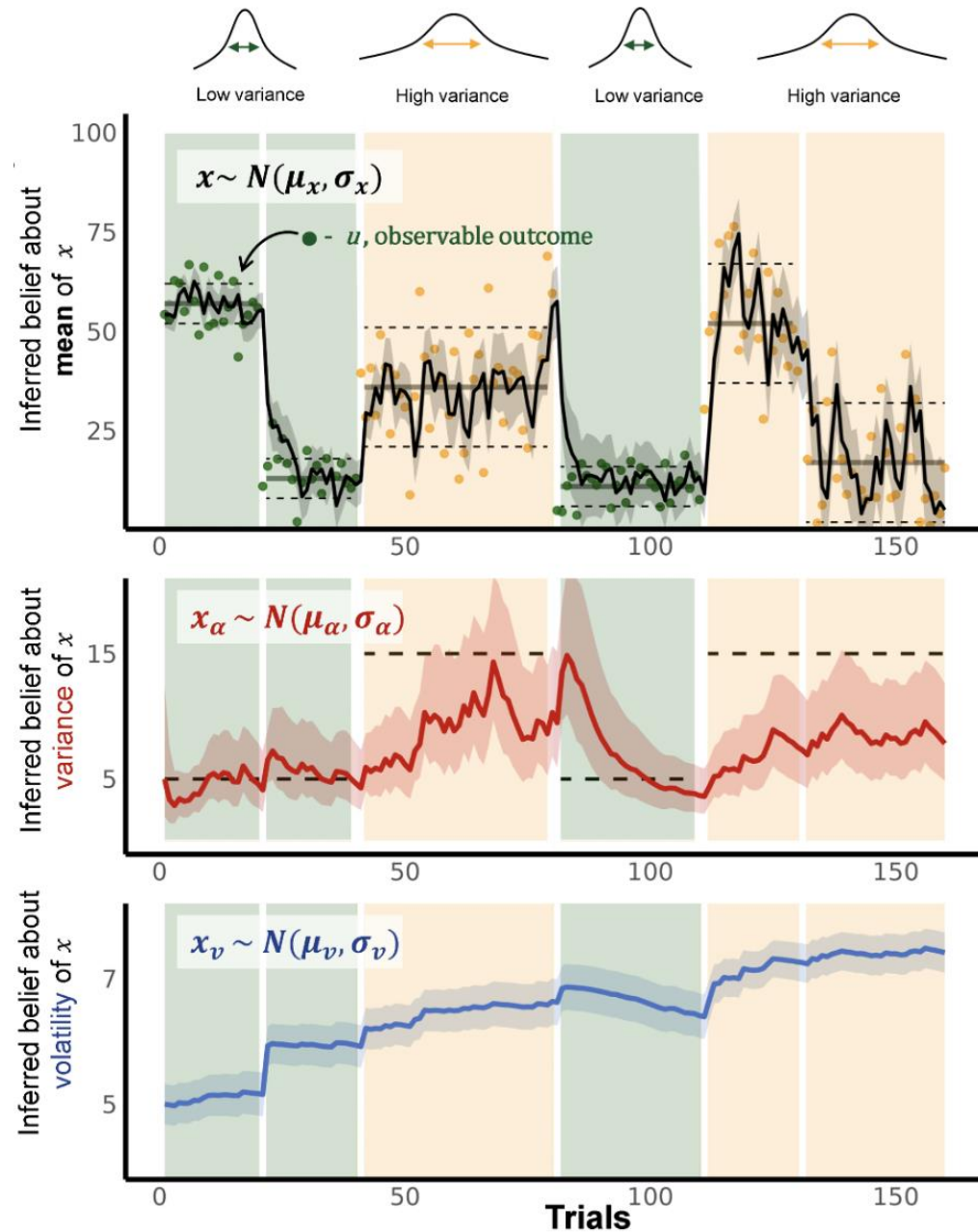
THE COMPUTATIONAL PROBLEM



THE MODEL



INFERRED BELIEFS

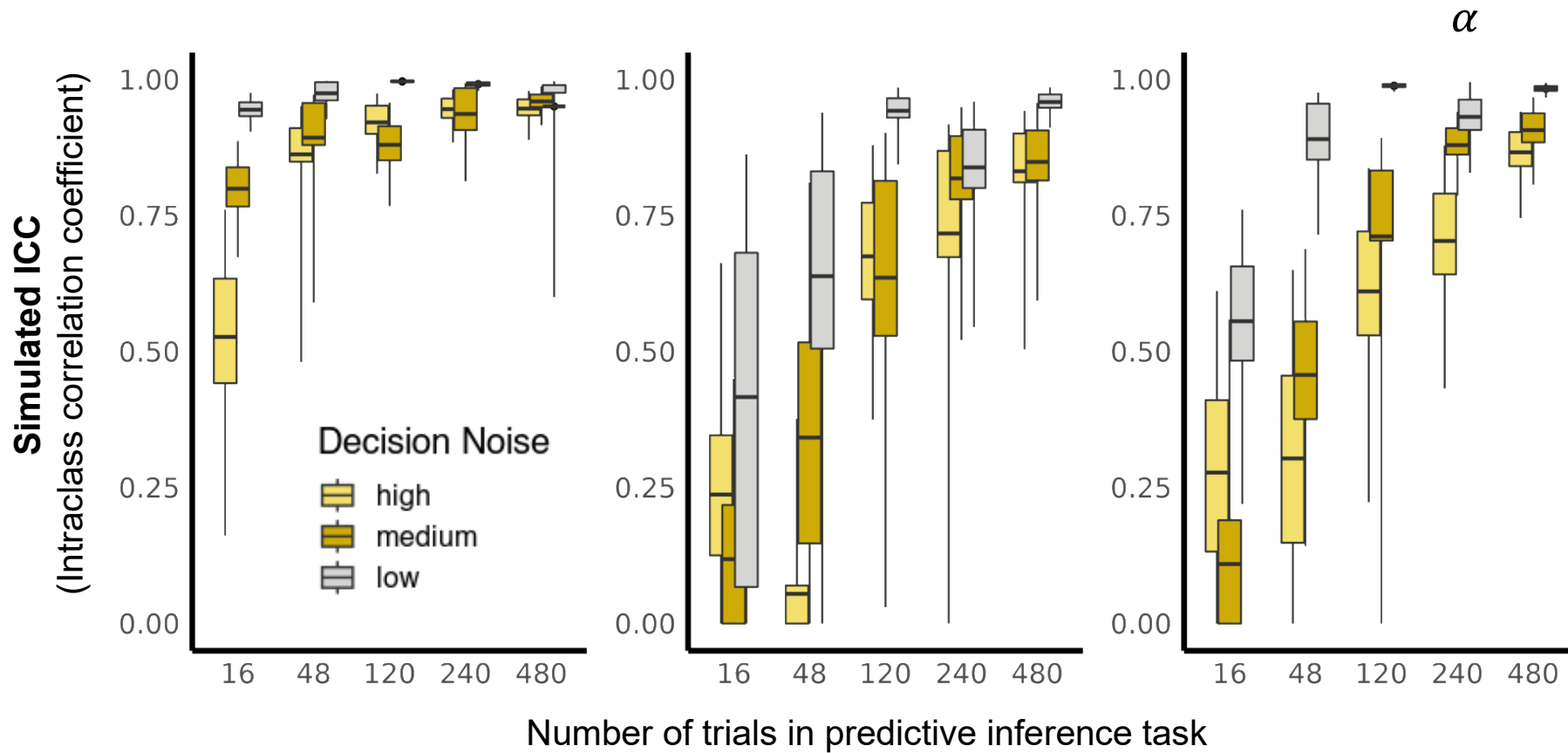


THE PLAN

- **Simulation study:** establish recoverability of parameters in a test-retest setting
- **Experiment 1:** longitudinal design to establish reliability of parameter estimates (test-retest in healthy volunteers)
- **Experiment 2:** replicate and extend Experiment 1 in a larger sample of healthy participants
- **Experiment 3:** extend to data set of patients with schizophrenia



SIMULATION: TEST-RETEST PARAMETER RECOVERY

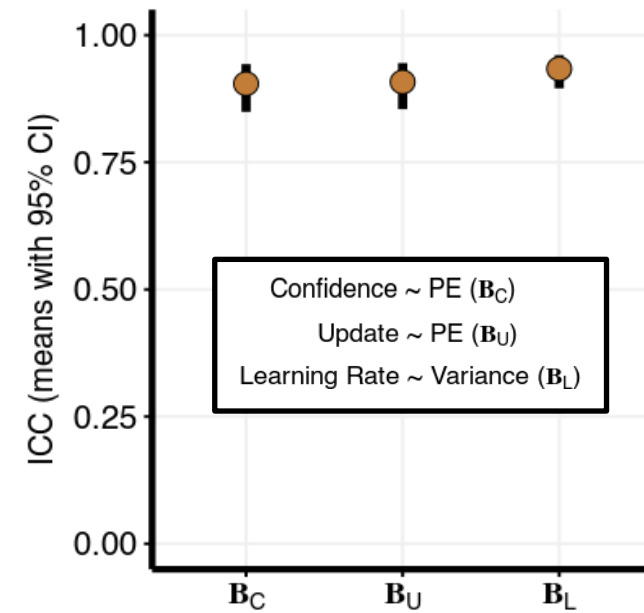
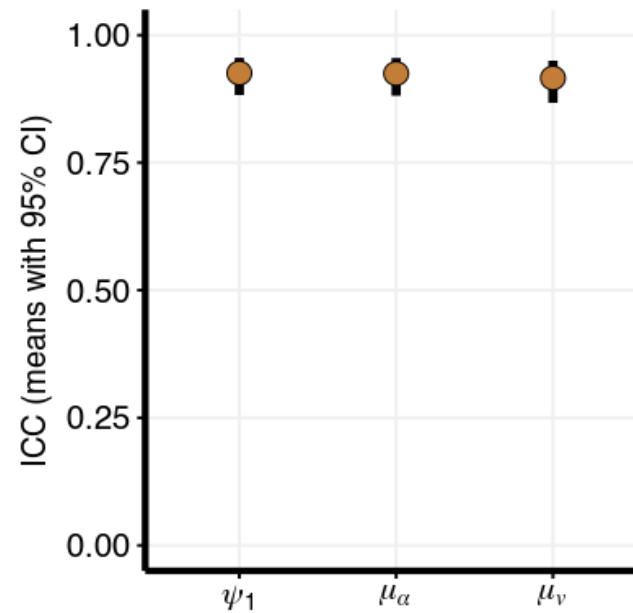
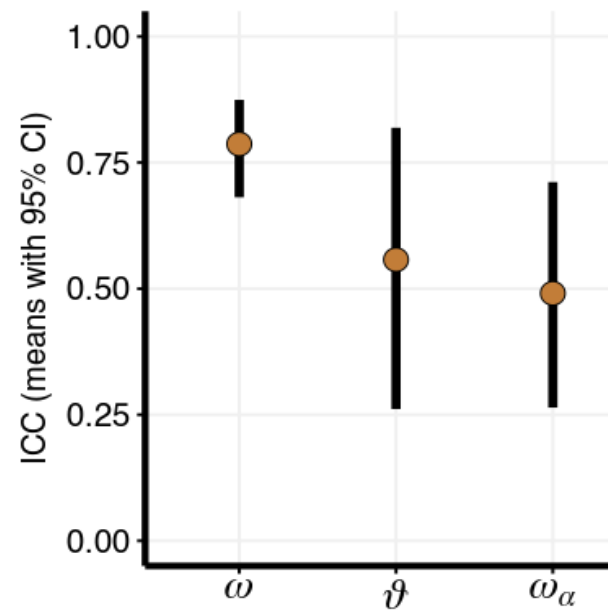


EXPERIMENT 1

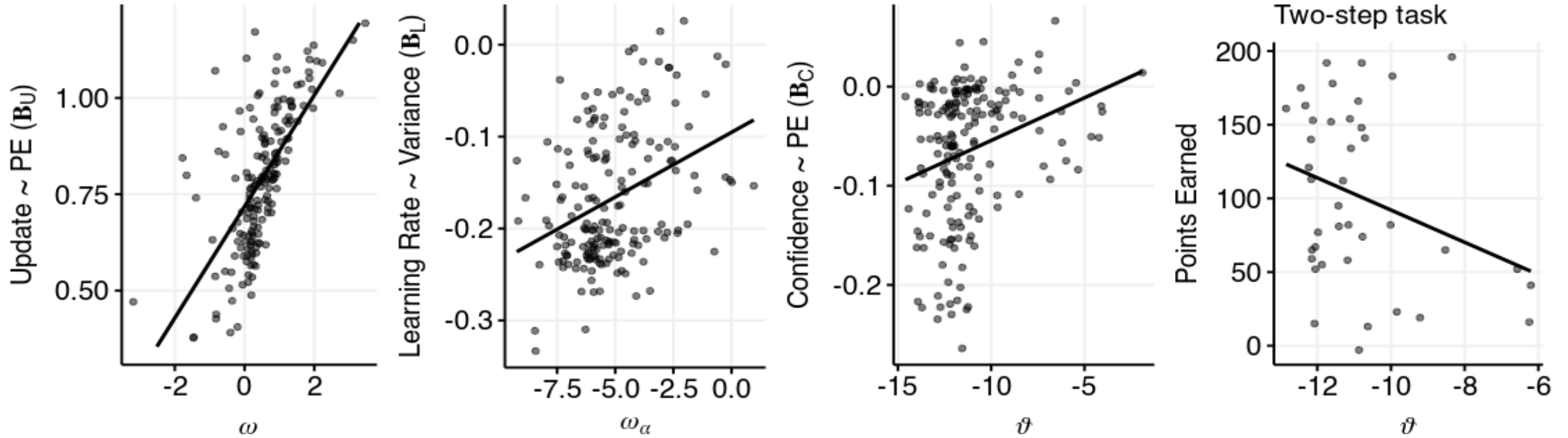
- **Predictive Inference Task** repeated (in different configurations) **four times** (N=45, healthy volunteers)
- Sessions at least **one week apart**
- Performance rewarded
- **Both mean and standard deviation** of sampling distribution change randomly
- **Peters Delusion Inventory** (PDI) in third session



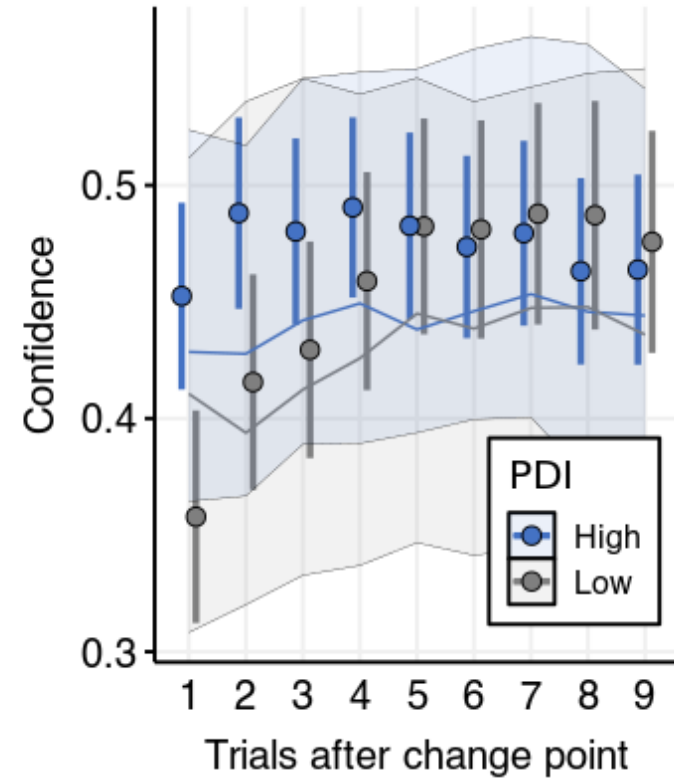
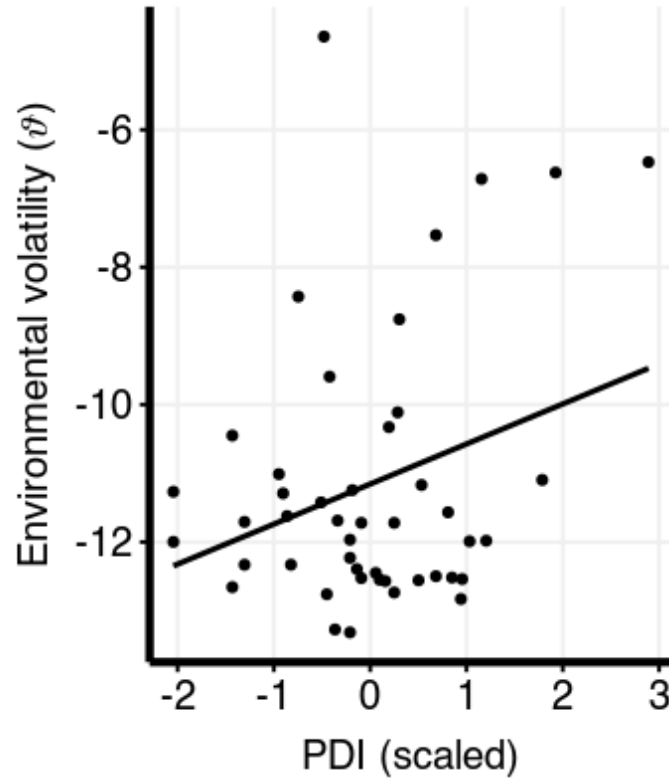
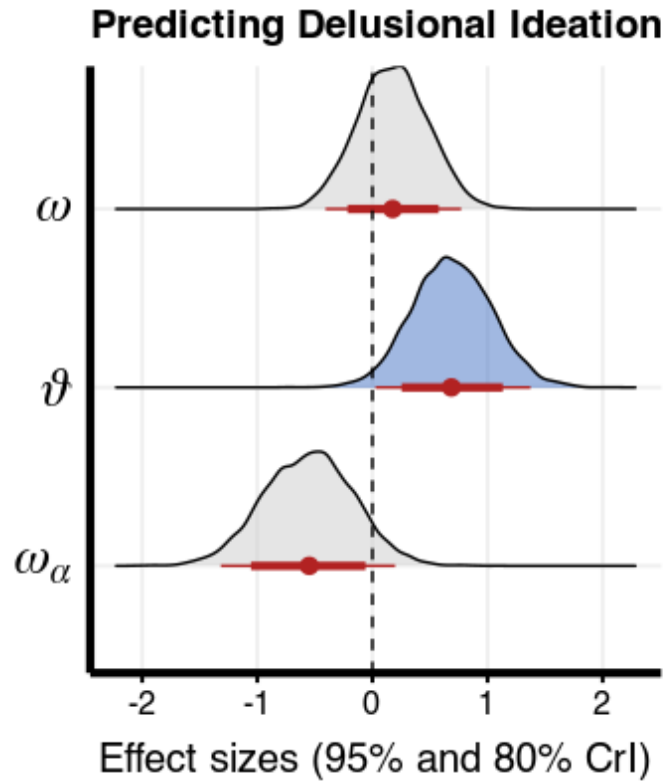
EXPERIMENT 1



EXPERIMENT 1



EXPERIMENT 1

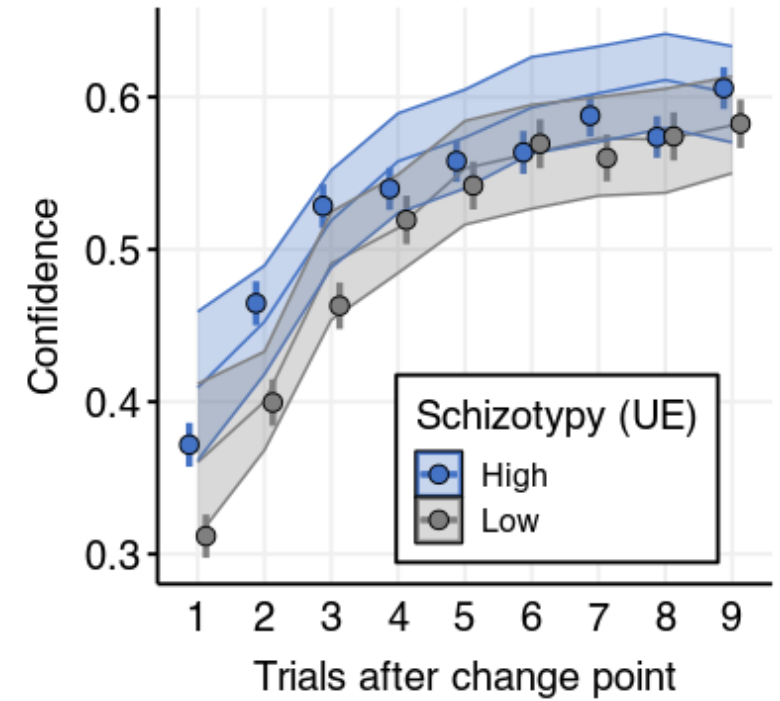
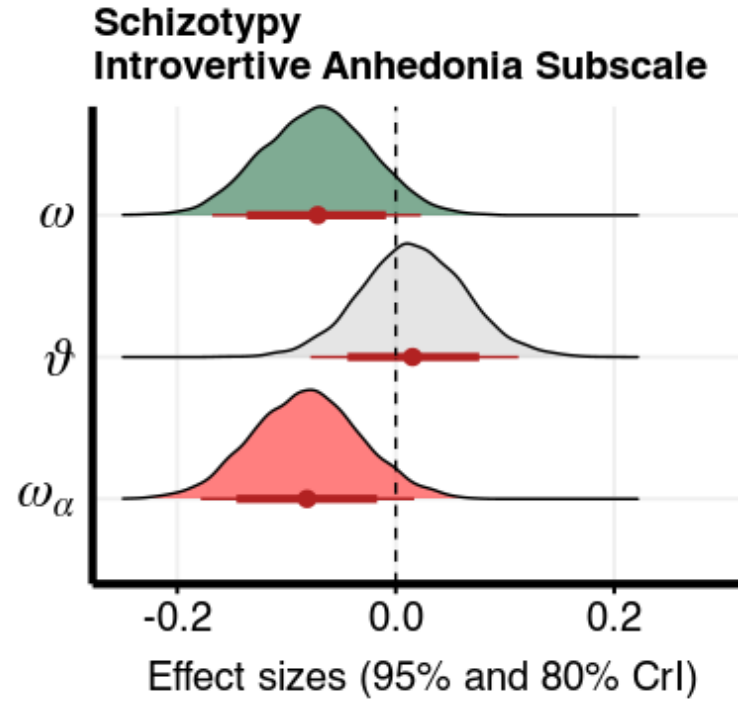
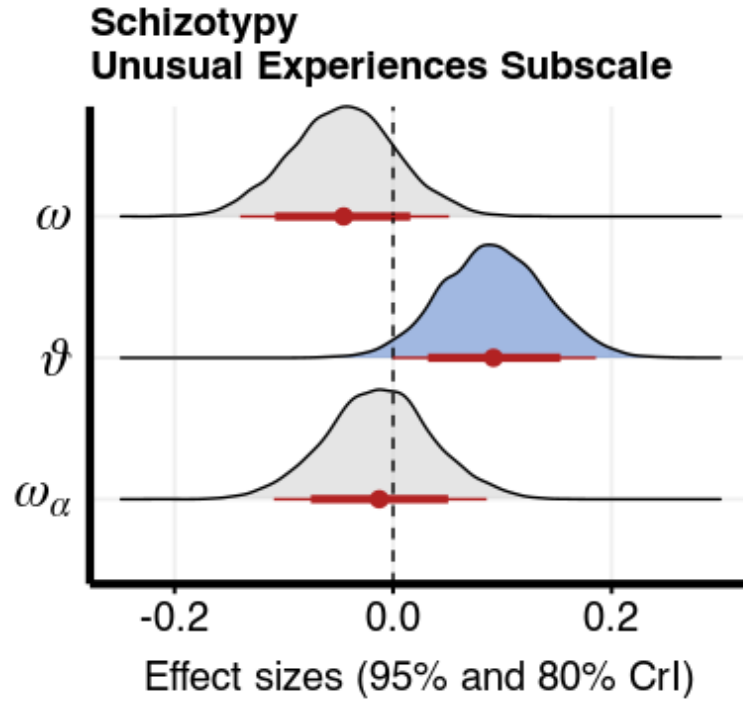


EXPERIMENT 2

- **Reanalysis** of the data from Seow, T. X. F., & Gillan, C. M. (2020). Transdiagnostic Phenotyping Reveals a Host of Metacognitive Deficits Implicated in Compulsivity. *Scientific Reports*, 10(1), 2883. <https://doi.org/10.1038/s41598-020-59646-4>
- **Task very similar** to Experiment 1, some details different (e.g., constant standard deviation, but varying volatility, different cover story)
- N = 437 (MTurk), various psychometrics



EXPERIMENT 2



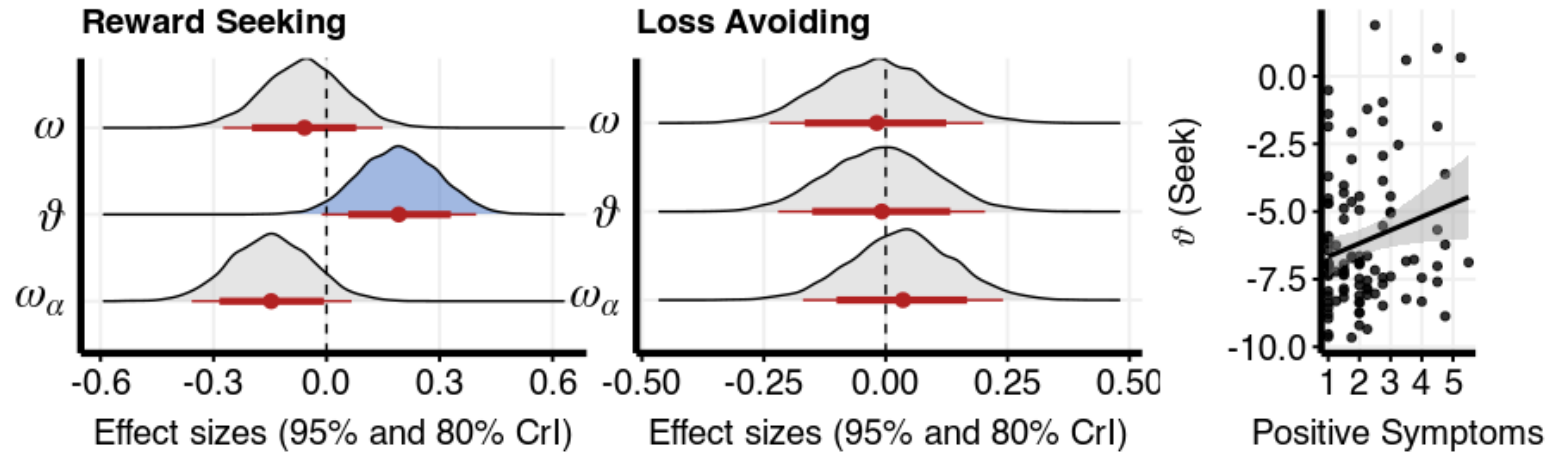
EXPERIMENT 3

- **Reanalysis** of the data from Nassar, M. R., Waltz, J. A., Albrecht, M. A., Gold, J. M., & Frank, M. J. (2021). All or nothing belief updating in patients with schizophrenia reduces precision and flexibility of beliefs. *Brain*, 144(3), 1013–1029.
<https://doi.org/10.1093/brain/awaa453>
- Participants with a diagnosis of **schizophrenia or schizoaffective disorder** (N=100), stable outpatients, most of them on antipsychotic medication.
- **Two sessions** of Predictive Inference Task (100 trials each): **appetitive** (win reward) and **aversive** (avoid loss)
- Positive symptoms rated using the **Brief Psychiatric Rating Scale** (BPRS); negative symptoms rated using the **Scale for Assessment of Negative Symptoms** (SANS)

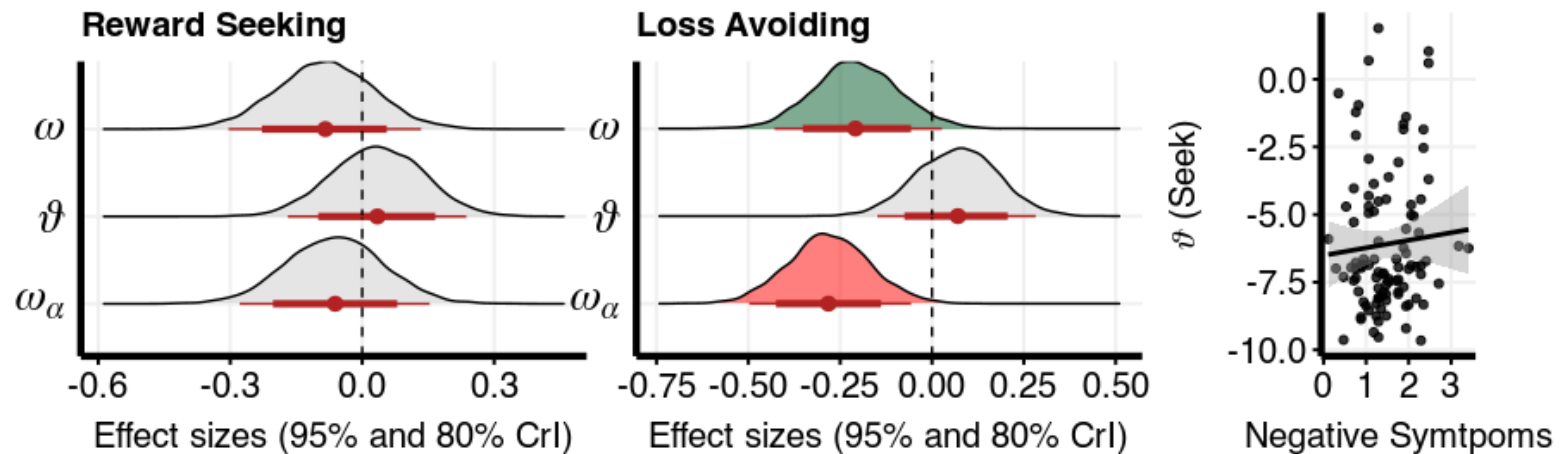


EXPERIMENT 3

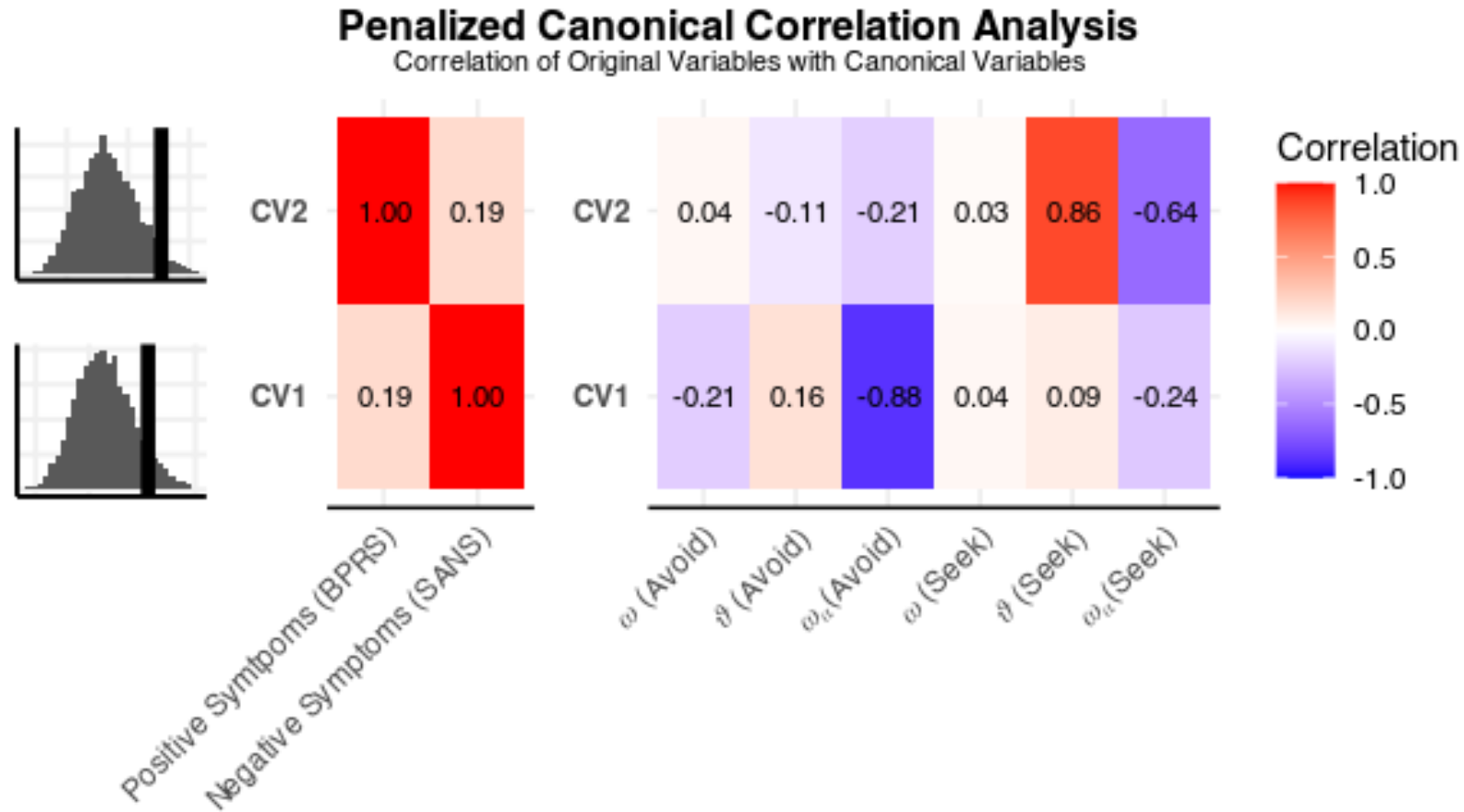
Association with Positive symptoms (GLM 1)



Association with Negative symptoms (GLM 2)



EXPERIMENT 3



THE GENERALIZED HGF

- Easily configurable **network of HGF nodes**
- **Two** kinds of coupling:
 - Parent node targets mean value of child node (**value coupling**)
 - Parent node targets variance of child node (**volatility coupling**)
- Value coupling can be **nonlinear** (e.g. ReLU, saturation coupling, etc.)
- Nonlinear coupling can be any function which is twice continuously differentiable almost everywhere
- Removes previous limitations on e.g., Dirichlet-categorical models



THE GENERALIZED HGF

arXiv > cs > arXiv:2305.10937v1

Computer Science > Neural and Evolutionary Computing

[Submitted on 18 May 2023]

The generalized Hierarchical Gaussian Filter

Lilian Aline Weber, Peter Thestrup Waade, Nicolas Legrand, Anna Hedvig Møller,
Klaas Enno Stephan, Christoph Mathys

<https://arxiv.org/abs/2305.10937v1>



Lilian Weber
(U Oxford)



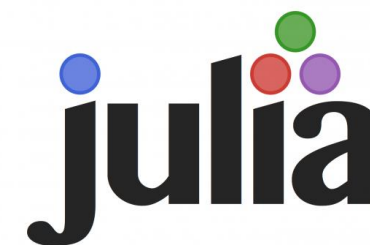
INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY



GENERALIZED HGF SOFTWARE: HIERARCHICALGAUSSIANFILTERING.JL

- A Julia package (<https://julialang.org>) for the easy construction of arbitrarily large HGF models whose **nodes** are connected via either **mean** or **variance coupling**
- Sister (or rather: mother) package **ActionModels.jl** for constructing response models
- Both are part of **the ComputationalPsychiatry GitHub organization**
- Parameter estimation via **Turing.jl** (<https://turing.ml>), a powerful general-purpose sampler which allows for **hierarchical parameter estimation**
- The most **common HGF models** (3-level binary, 2-level continuous, JGET, etc.) are **pre-implemented** for convenience
- Most of the hard work done by **Peter Thestrup Waade** and **Lilian Weber**



Peter Thestrup Waade



Lilian Weber
(U Oxford)

[https://github.com/ComputationalPsychiatry/
HierarchicalGaussianFiltering.jl](https://github.com/ComputationalPsychiatry/HierarchicalGaussianFiltering.jl)



INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY



GENERALIZED HGF SOFTWARE: PYHGF

- Similar in functionality to HierarchicalGaussianFiltering.jl, but written in **Python**
- Package for the easy construction of arbitrarily large HGF models whose **nodes** are connected via either **mean** or **variance coupling**
- The most **common HGF models** (3-level binary, 2-level continuous, JGET, etc.) are **pre-implemented** for convenience
- Most of the hard work done by **Nicolas Legrand** and **Lilian Weber**



<https://pypi.org/project/pyhgf/>



Nicolas Legrand



Lilian Weber
(U Oxford)



INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY



THE WHAT PATH: A TEASER



Contents lists available at [ScienceDirect](#)

Schizophrenia Research

journal homepage: www.elsevier.com/locate/schres

A generative framework for the study of delusions

Tore Erdmann^a, Christoph Mathys^{b,c,*}

^a *Scuola Internazionale Superiore di Studi Avanzati (SISSA), Via Bonomea 265, 34136 Trieste, Italy*

^b *Interacting Minds Centre, Aarhus University, Jens Chr. Skous Vej 4, 8000 Aarhus C, Denmark*

^c *Translational Neuromodeling Unit (TNU), Institute for Biomedical Engineering, University of Zurich and ETH Zurich, Wilfriedstrasse 6, 8032 Zurich, Switzerland*



Tore Erdmann

<https://doi.org/10.1016/j.schres.2020.11.048>



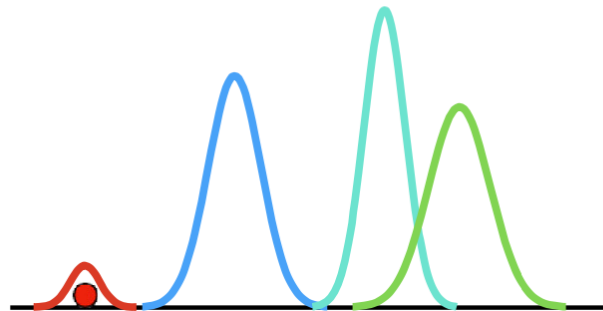
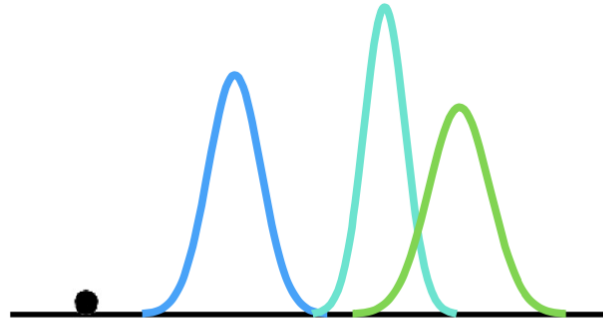
INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY



EXPLAIN AWAY OR INTEGRATE?

—

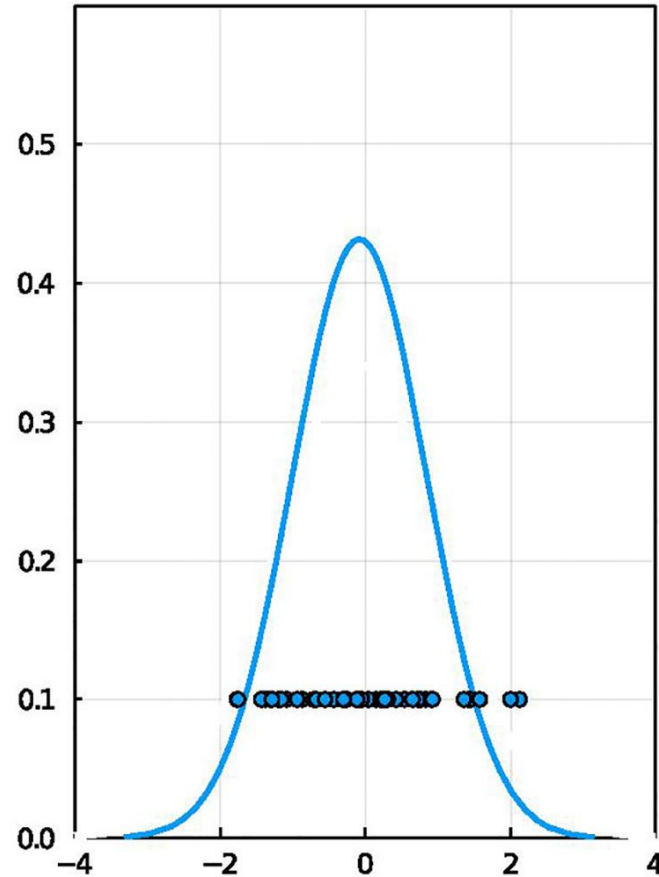


INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY

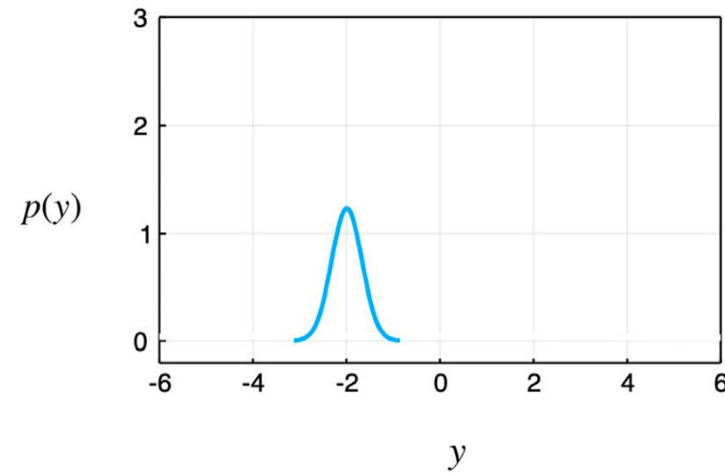


A SINGLE CAUSE OR SEVERAL?



PROTECTING A CENTRAL BELIEF

—



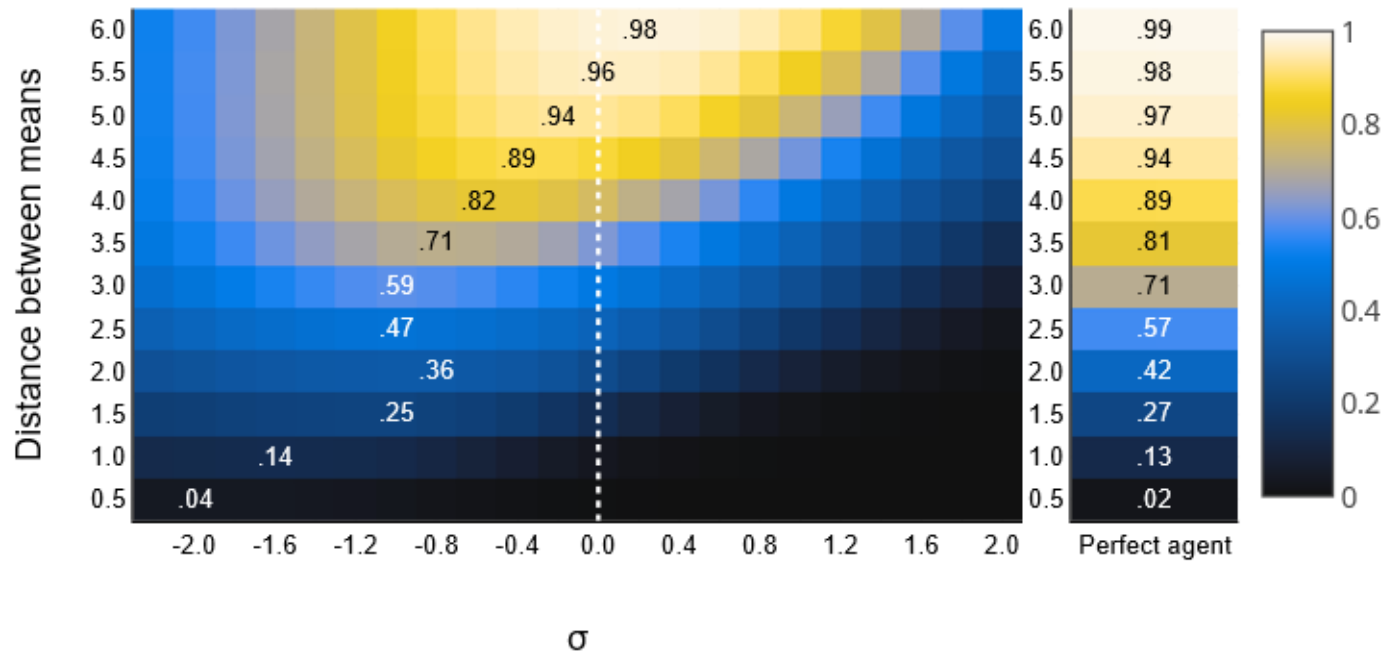
INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY



THE WHAT PATH: A TEASER

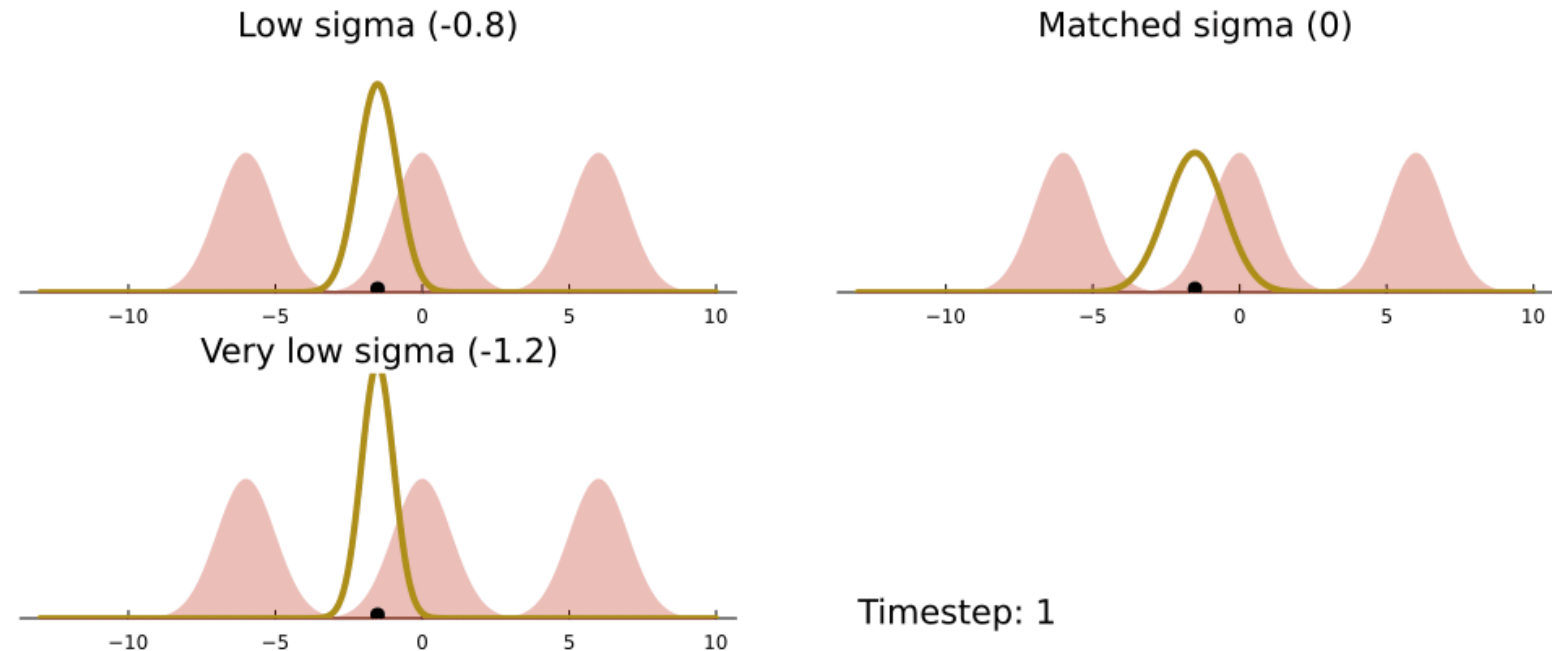
- Heatmap of the mean-adjusted Rand index across 10k simulations
- Perfect agent (knows parameters of simulation) for comparison
- Sigma is difference in **precision** between environment and agent's expectation
- Distance between means operationalizes **ambiguity** of environment
- **Key observation: in ambiguous environments, causal attribution works better with higher expected precision**



Christoffer Lundbak Olesen

THE WHAT PATH: A TEASER

- Example with **very low ambiguity** (6 standard deviations between means)
- Because of the inherent randomness of observations, a **'delusion'** arises on the far left in all models
- The matched-sigma agent deals with this gracefully, and the maladaptive belief disappears quickly
- In lower-sigma agents, the maladaptive belief is much more persistent



Thanks



INTERACTING MINDS CENTRE (IMC)

AARHUS UNIVERSITY





AARHUS
UNIVERSITY